

# the Bulletin

The Dental Society of Chester County and Delaware County

September 2025



## Government in **Action**

### Attention:

The Board of Governors will be meeting in September to update the ByLaws due to the new state-wide restructuring. We will be sending out new information to members regarding the voting process.

### BOARD OF GOVERNORS MEETING

**Wednesday, September 3, 2025**  
**Anthony's, Springfield • 6:30 PM**  
**All members welcome**

RSVP to: Sara Michel by 8/27/2025,  
DSCCDCrsvp@gmail.com

Please send your reports to  
Dr. Shah two weeks prior to the  
meeting at swetashahdmd@gmail.com

### Congratulations & Welcome to Our Newest Member

Dr. Timothy Carter  
Dr. Jacob Favino  
Dr. Robyn Tran Ferraro  
Dr. Ben Adam Grossman  
Dr. Shubhsangeet Kaur Johal  
Dr. Rahul K. Mehta

Dr. Lindsay Moran  
Dr. Nand R. Patel  
Dr. Ana Mercedes Perez Osorio  
Dr. Tyler Serres  
Dr. Mei Lin Zhao





The Dental Society of Chester County and Delaware County  
6 Regency Court  
Exton, PA 19341  
www.chesdeldentalsoc.org

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Kelsey Dagenhart, D.M.D.	<i>Bulletin Editor</i>
Selena Nguyen, D.M.D.	<i>President</i>
Karin Brian, D.D.S.	<i>Treasurer</i>
Sweta Shah, D.M.D.	<i>Recording Secretary</i>
Jyoti Dangi, D.M.D.	<i>Corresponding Secretary</i>
Frank Shannon, D.D.S.	<i>Past President</i>
Dick Clark, D.D.S., M.S.	<i>Historian</i>

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Jamie Wolitarsky, D.D.S.

### Deadline for November Issue: October 1, 2025

The **Bulletin** is published five times a year, September through May by the Dental Society of Chester County and Delaware County, Modern ENDodontics, PLLC, 102 Schubert Drive, Downingtown, PA 19335. Subscription is included in the annual dues.

Articles for publication and correspondence should be sent directly to Dr. Kelsey Dagenhart at [cddsbulletin@gmail.com](mailto:cddsbulletin@gmail.com).

All advertising material and requests for information should be sent directly to Dr. Kelsey Dagenhart at [cddsbulletin@gmail.com](mailto:cddsbulletin@gmail.com).

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[www.facebook.com/DKUdentalCE](https://www.facebook.com/DKUdentalCE)



#### Instagram:

@chesterdelawaredentalsociety

# Message

## from the President



Dr. Selena Nguyen

### Hello and welcome back!

I hope this summer has been fun and relaxing for you and your families. My name is Dr. Selena Nguyen, and I am the new President of the Chester County and Delaware County Dental Society. I was born and raised in Upper Darby and graduated from Temple University Maurice H. Kornberg School of Dentistry in 2020. I currently work as a public health dentist in North Philadelphia. I have been enjoying my work with the underserved!

Since joining our dental society after graduating, I have held several positions on the national, state, and local levels. My favorite role thus far was Chair of the PDA's New Dentist Committee last term! I find so much joy in being a resourceful conduit between organized dentistry and new dentists through mentorship, event planning, social media content, etc.

I am looking forward to being our society's President and am incredibly honored to carry on the legacy of the previous presidents. If you are interested in becoming more involved, please reach out to me or any one of our amazing Board Members. Our dental society has many events planned throughout the coming year, so I hope to see you all there!

Sincerely,

*Dr. Selena Nguyen*



# Member Spotlight

## Katharine Woehling Antoian, DMD

Dr. Katharine Woehling Antoian is a board-certified pediatric dentist who is a native to the Philadelphia area. She is the Director of the Dental Division at St. Edmond's Home for Children in Bryn Mawr and also practices part-time at Cobblestone Kids Pediatric Dentistry and Doc Bresler's Cavity Busters. Dr. Katie specializes in infant and pediatric lip and tongue tie procedures at Tied: Main Line Tongue Tie Professionals. She believes in taking a collaborative, functional, and individualized approach to evaluating and treating tethered oral tissues.

Dr. Katie was raised in Villanova, PA, where she attended Radnor public schools and graduated from The Pennsylvania State University, Schreyer Honors College. In 2014, she received her Doctor of Dental Medicine degree from the University of Pennsylvania School of Dental Medicine and further pursued her Post-doctoral Pediatric Dental training at The Children's Hospital of Philadelphia. She has been honored to accept the 2025 Give Kids A Smile Award, the 2016 American Board of Pediatric Dentistry Richard C. Pugh Achievement Award, as well as *Philadelphia Magazine's* "Top Dentist Award."



Dr. Katie believes in the power of both community-based and organized dentistry. She is honored to volunteer at Give Kids A Smiles, Community Volunteers in Medicine, and St. Edmond's Home for Children. She also dedicates her time to organized dental groups and serves as the current President of the Academy of Stomatology as well as a member of the ABPD, AAPD, PDA, and ADA.

Dr. Katie is very grateful for her higher education, wonderful dental colleagues, and remarkable mentors. She takes the greatest pride in marrying her wonderful husband, Timothy Antoian, and for the life that they have built together, raising their seven-year-old son, Aiden, and four-year-old twin boys, Connor and Charlie! As a family, they love spending time with grandparents, aunts, uncles and cousins! They love traveling, skiing, swimming, golfing, doing arts and crafts, outdoor adventures, and visiting with friends!

### *Past President's Dinner Black Powder Tavern*



The annual Past Presidents' Dinner was held on Wednesday, June 11th at the Black Powder Tavern. Those in attendance were afforded an opportunity to a walk down memory lane while browsing through old scrapbooks of past events. Following an excellent dinner the group was treated to a fascinating lecture by Damon Ireland of the Chester County Beekeepers Association. Did you know that bees do a special "waggle" dance to tell their hive mates where the best flowers are? And that bees, who navigate by the sun, are able to find their way, even on cloudy days, because the lenses in their eyes are polarized?! Pictured are Drs. Logan, Brian and Himmelberger sampling the mead, an alcoholic drink made by fermenting honey.

*"It was great connecting with past presidents of the dental society. Their continued support and involvement shows how important the past and future of the dental society is to them." - Frank Shannon*



Our Spring 2025 **Give Kids A Smile** event was held at Dr. Yesle Kim's office in Drexel Hill, on Friday, May 2nd. Chester-Delaware volunteers included Drs. Cohen, Heier, Himmelberger, Kim, Logan, and Malcolm. Dr. Sujatha Nadimpalli joined us from Montgomery-Bucks!

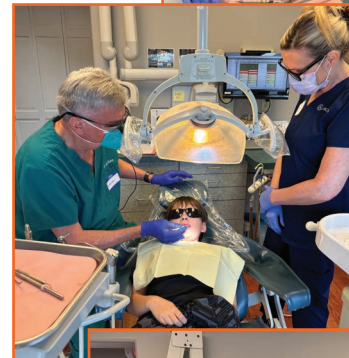
Donations from Drs. Cwyk, Ferrell, Pfeiffer, Scharlock & Russo were essential to providing care for 16 fortunate students, who received over \$7,750 worth of dental care and education. A special thanks to all of our January CPR attendees who

ADA American Dental Association® donated toothbrushes to our GKAS program!!

One student needs to return for a recare appointment and sealants, but a badly abscessed deciduous molar was removed after one molar was restored. Because of many failed attempts to have this student (and another classmate) from last October treated between our GKAS events – the student missed nearly the entire week of school, and treatment was much harder on her than it could have been – access to care has many hurdles...

We continue to provide letters at access events to document hours of volunteer/uncompensated dental, hygiene or EFDA practice, of which 3 hours may be credited toward the SBOD biannual in-person continuing education requirements. We also gave three students, who will be applying to dental school, proof of their volunteer hours.

With gratitude,  
*Tami, Karin, Linda & Bernie*



Dr. Frank Shannon pictured with the recipients of the 2025 GKAS Champion Award.

L to R. Dr. Katie Woehling, pediatric dentist; Tyler Triolo, ESL teacher in the Upper Merion School District; Dr. Shannon; Tim Bickhart, Principal Upper Merion School District.

The Give Kids a Smile Champion Award(s) recognizes those volunteers (dentist or non-dentist) who treat GKAS patients in their own offices or places of employment, at their expense, or who contribute significant volunteer hours planning and executing successful GKAS events.

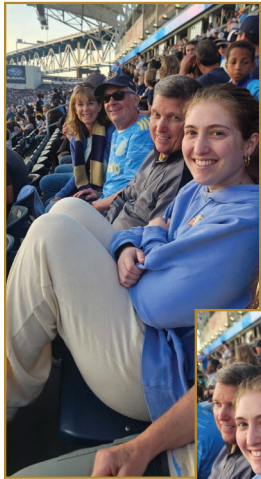


# Color Me Mine<sup>®</sup>



*Stepping out of our comfort zone on Friday July 25th at our Color me Mine and Dine Event! The members of the Dental Society of Chester County & Delaware County gather for fun with friends and family to decorate unique and personal ceramics and pottery, then off to explore the dining opportunities in Wayne!*

# Philadelphia Union Game - May 10, 2025



20  
25

**GREATER PHILADELPHIA  
VALLEY FORGE DENTAL CONFERENCE**

FRIDAY, SEPTEMBER 19, 2025

# THE FANTASTIC WORLD OF ORAL PATHOLOGY!

GREATER PHILADELPHIA VALLEY FORGE DENTAL CONFERENCE

Earn 6 CE Credits

**FRIDAY  
SEP. 19**

**VALLEY FORGE CASINO RESORT**

**8:30 AM - 12:00 PM | 1:00 PM - 3:30 PM**




Continental breakfast and lunch included

**EVENT FREE** to members of Bucks, Chester, Delaware, Lehigh, Montgomery and Northhampton County Dental Societies.



Step into the fascinating realm of oral pathology with a dynamic, case-based presentation designed to sharpen your diagnostic acumen and broaden your differential diagnoses. Explore the most common soft tissue and radiographic pathologies, discover emerging entities, and gain practical management strategies. This engaging session will equip you with the knowledge to deliver exceptional patient care and the confidence to tackle even the most complex cases with precision and poise.

## Learning Objectives:

-  **Identify and Describe**  
Identify and describe oral pathology entities while refining diagnostic criteria for select conditions.
-  **Strengthen Skills in Differential Diagnoses**  
Develop comprehensive and thoughtful differential diagnoses through the analysis of illustrative case examples.
-  **Develop Evidence-Based Management**  
Formulate and discuss evidence-based management recommendations for a variety of conditions.

## Speaker: Sarah Glass, DDS

Dr. Sarah Glass is a board-certified oral and maxillofacial pathologist. She attended Virginia Tech for her undergraduate degree and obtained her Doctor of Dental Surgery from Virginia Commonwealth University. After dental school, she completed a three-year Oral and Maxillofacial Pathology residency at New York Presbyterian/Queens. Today, she works as an assistant professor at VCU School of Dentistry. Her job responsibilities include teaching learners in various programs, directing the VCU Oral Diagnostic Services Laboratory and conducting research.



**REGISTRATION & COURSE HANDOUT**

Visit: [www.gpvfdc.org](http://www.gpvfdc.org)

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Register  
on-line at  
[padental.org/dku](http://padental.org/dku)

**Friday November 7, 2025**

**Predictable, Profitable Restorative & Aesthetic Procedures** – Using current materials and excellent chairside communication can help to differentiate and grow your practice. In this technique-filled seminar, the clinician teaches you skills you can use to refine your restorations to a level of consistent quality and bring your case conversations with patients to a new level. This course will offer you take-home knowledge you can put to use the very next day. *Dr. Fier reports no financial relationships relevant to this presentation.*

**Learning Objectives:**

- to use some of the latest composites and other materials to save time and create excellent clinical outcomes
- to refine techniques creating "perfect" master impressions and successful cementation of all types of

**aesthetic restorations**

- a consultative approach to case discussions that can help patients say "Yes" and improve the bottom line of your practice
- basic concepts of aesthetics and dental illusions to achieve lifelike results

**Marvin A. Fier, DDS, FASDA, ABAD – Suffern, NY**

**Friday, December 5, 2025**

**AM: Terminal Dentition: A New Beginning, Not the End**

**PM: The Key to Success: Mastering Essentials for Seamless Implant-Assisted Removable Restorations**

The **AM** course is about comprehensive dentistry with attention to terminal dentition and how to treat it, covering the essential components of implant dentistry, hybrids, etc. It includes diagnosis, treatment planning, execution, maintenance, and future trends. The **PM** course covers the essential components of overdentures, including diagnosis, treatment planning, execution, maintenance, and future trends. *Dr. Macedo reports no financial relationships relevant to this presentation.*

**Learning Objectives AM:**

- Confidently plan and restore implant hybrid cases
- Understand and apply techniques for optimal esthetics and functionality
- Manage prosthetic aspects of implant hybrids
- Address complications and optimize treatment outcomes

**Learning Objectives PM:**

- Understand the principles, benefits, and limitations of implant-assisted removable restorations
- Be able to plan and restore implants to stabilize removable restorations
- Learn the essentials of designing and fabricating implant-supported removable prosthesis
- Manage prosthetic aspects of implant-assisted removable restorations
- Address complications and optimize treatment outcomes

**Roberto Macedo, DDS, MS, PhD – St. Petersburg, FL**

**Friday, February 6, 2026**

**AM: "My Jaw Hurts! What do I do?" An Overview of Temporomandibular Disorders Diagnosis & Management**  
**PM: Demystifying the Mystery of "Phantom Tooth Pain"**

The **AM** course will review the types of TMDs: arthrogenous disorders, myogenous disorders, internal derangements, as well as other uncommon joint conditions. Etiology, pathogenesis, pain mechanisms and dysfunction, examination methods, diagnostic tests, and management strategies will be discussed. Dentists will learn how to differentiate between muscle vs. joint conditions and implement medical, dental, pharmacologic and behavioral treatments. Clinical case studies will be presented to illustrate the treatment of the various TMDs. The **PM** course will provide a comprehensive review of non-odontogenic sources of tooth pain. One in six dental patients experience orofacial pain. Most often, this pain presents as a toothache. However, not all toothaches are caused by an odontogenic source. Attendees will learn how to differentiate between odontogenic and non-odontogenic toothaches, the appropriate examination methods, diagnostic tests, and management of non-odontogenic toothaches. *Dr. Patel reports no financial relationships relevant to this presentation.*

**Seena Patel, DMD, MPH – Phoenix, AZ**

**Friday, April 24, 2026**

**Mastering the Art & Science of Modern Endodontics** – This all-day comprehensive lecture will bridge cutting-edge endodontic technology with evidence-based endodontics. This course will explore the latest advancements in diagnostic imaging, 3D CBCT, instrumentation, disinfection, and obturation. The participants will gain real world clinical insight on how to navigate complex cases with confidence, precision, and purpose. Emphasis throughout the lecture will be placed on integration of technology—such as CBCT, dental microscopes, irrigation techniques, and bioceramics. *Support for this course comes from VISTA-Apex.*

**Learning Objectives:**

- Understand & apply modern diagnostic tools such as CBCT to enhance accurate diagnosis and treatment planning

- Evaluate and implement current best practice in canal instrumentation, irrigation, and obturation.
- Incorporating advanced materials in endodontics such as heat-treated instruments and bioceramics.

**Rico D. Short, DMD – Smyrna, GA**

**Friday, May 15, 2026**

**AM: Inflammation SOS: Patients on Fire! – PM: Unlocking the Secrets of your Patients' Microbiome!**

The **AM** course will discuss "permanent lifestyle change" and QUENCH your patients' flames & their disease risk. The oral environment has far reaching effects on the rest of the body. Patients appreciate the dental health professional who sees the bigger picture and can *Calm the Burn* in the body, mind & mouth. The **PM** course teaches how antibiotics, jet lag, fast food, artificial sweeteners, environmental toxins negatively impact gut integrity & what dental pros can do! The latest science from the National Institute of Health shows the microbiome impacts overall health as much as our genes & the number one way to influence is your diet. *Dr. Odiatu reports no financial relationships relevant to this presentation.*

**Learning Objectives AM:**

- Make the connection between diabetes, insulin resistance, & inflammation
- Learn how to spot the sleep deprived patient
- Spot how stress shows up in your patient's mouth.
- Identify 7 key foods & lifestyle habits that contribute to inflammation!
- Learn which exercises best fight inflammation in your body

**Learning Objectives PM:**

- Gain insight into Prebiotics, Probiotics & Postbiotics
- Learn why new findings about your patients' gut flora are shaking the foundation of health & healing
- Understand the relationship between your gut health and your emotional health
- See how your gut health influences your immune system, metabolism, digestion, energy levels and emotional well-being.
- Discover the role of gut integrity & the immune system to put out the fires of gingivitis & periodontitis.

**Uche Odiatu, DMD – Toronto, Canada**

**For Speaker Bio and registration go to [padental.org/dku](http://padental.org/dku) and see full brochure.**

All meetings will be held at the Springfield Country Club on Route 320, Springfield, Delaware County, PA.

Registration for all courses 8:30 AM. Lecture 9:00 AM – 4:00 PM. Continental breakfast and lunch included for all DKU courses.

**FEES**

Delco and Chesco Society Members - Entire Series - \$695, Individual Courses - \$210, 3 Courses - \$560, 4 Courses - \$655

Other ADA Members - Entire Series - \$745 Individual Courses - \$225, 3 Courses - \$600, 4 Courses - \$695

Non-ADA Members - Entire Series - \$815, Individual Courses - \$240, 3 Courses - \$635, 4 Courses - \$755

Staff members accompanied by a doctor will be \$110 per course per person with reservation at least one week in advance, \$130 per course per person at door.

**Cancellations and Refund Policy** - No refunds will be made without at least one week's notice prior to course date. (A \$25 administrative fee will be deducted.)

For information please contact: [DKUDental@aol.com](mailto:DKUDental@aol.com)





Friday May 16, 2025

Bradford Towne, DMD  
presented

Dentoalveolar Surgery and the  
Management of Complications



**SMILECON**  
WASHINGTON, D.C. 2025  
ADA.

Washington, DC  
Registration is open.

SAVE THE DATE | OCT. 23-25, 2025



# Annual Meeting & Installation of Officers

## *The General Warren*

### May 21, 2025



President Frank Shannon pictured with the New Dentists, Drs. Julia Classen, Sabitha Thippaluru, Jaclyn Zaccaro and Chin Hua Hsiao who received a warm welcome along with their DDCCDC pins.

# Annual Meeting & Installation of Officers





# community water FLUORIDATION {talking points}



The first step to ensuring all Pennsylvanians have preventive dental care is to fluoridate our public water systems. **Adding fluoride to reach optimal levels in drinking water ensures that everyone, regardless of age or income, receives valuable health benefits.**

✓ **FACT**

Fluoride is a proven cavity fighter. Eighty years of scientific studies show the safety and effectiveness of fluoridation. **Fluoride reduces tooth decay by at least 25% in children and adults.**

✓ **FACT**

**Fluoride is a naturally occurring element** that has been proven to strengthen teeth and prevent disease. It has been lauded by countless national and international health organizations as one of the most important public health achievements of the 20<sup>th</sup> century.

✓ **FACT**

More than 80 years of scientific research proves that CWF at the optimal level of .7 ppm is safe and effective. **Recent studies claiming that CWF causes neurological problems and low IQs were conducted in countries with much higher fluoride concentrations and did not take into account the lower level established in the United States.**

✓ **FACT**

In instances where changes need to be implemented at a substantial cost to continue water fluoridation, it is very important that we don't lose sight of the long-term consequences of a decision. **The short-term cost of continuing to fluoridate our water would be more than offset by the long-term benefits of people having a much better foundation for good oral health.**

In the end, **community water fluoridation saves money.** The average lifetime cost per person to fluoridate a water supply is less than the cost of one dental filling. For every \$1 invested in fluoridation, there is at least a \$20 savings in dental treatment costs. The CDC estimates a savings of \$6.5 billion annually.

✓ **FACT**

CWF reduces cavities in adults from 20-40% and 60% for children. **Research suggests that access to CWF over a person's lifetime costs less than the restoration of one tooth with a cavity.**

✓ **FACT**

Tooth decay remains the single most common chronic disease in children. Population-based prevention programs are the first line of defense against tooth decay. This is why **more than 125 national and international organizations including the American Dental Association, the CDC, the American Medical Association, the World Health Organization, American Academy of Pediatrics and the American Academy of Family Physicians also recognize the public health benefits of community water fluoridation for preventing dental decay.**



**Pennsylvania is facing a dental workforce shortage. Ending CWF will increase dental disease** at a time when it is becoming more difficult to access dental care. More patients will seek dental treatment in emergency rooms, a trend that is already costing Pennsylvania taxpayers \$35M annually.

May 2025

# community water FLUORIDATION

Our glass is *always* full  
WITH TRUSTED INFORMATION.



## ADA NEWS

### Organized Dentistry Coalition supports Protect Our TEETH Act

The ADA and several other dental groups have expressed support for a bill that seeks to strengthen the scientific basis behind federal water fluoridation regulations.

The coalition sent a letter July 31 to Rep. Emanuel Cleaver, II, D-Mo., in support of the Protect Our Treatment for Enamel, Erosion and Tooth Health Act, H.R. 4556, also known as the TEETH Act. The legislation, which was introduced in Congress July 21, would require the Environmental Protection Agency to commission an independent, rapid-response evidence review from the National Academies of Sciences, Engineering and Medicine before proposing updates to drinking water regulations that affect community water fluoridation.

“Without this measure, dental care costs are projected to rise significantly over the next five years. H.R. 4556 ensures that decisions regarding community water fluoridation are grounded in robust scientific evidence rather than individual, flawed or mischaracterized studies,” the coalition said, emphasizing the bill’s timeliness given

the July 18 elimination of EPA’s Office of Research and Development.

Community water fluoridation has proven for more than 80 years to be safe, cost-effective and extensively researched, according to the coalition, and the Centers for Disease Control and Prevention has recognized the public health measure as one of the 10 greatest public health achievements of the 20th century.

The letter was signed by the ADA; Academy of General Dentistry; American Academy of Oral & Maxillofacial Pathology; American Academy of Pediatric Dentistry; American Academy of Periodontology; American Association for Dental, Oral and Craniofacial Research; American Association of Endodontists; American Association of Oral and Maxillofacial Surgeons; American Association of Orthodontists; American Society of Dentist Anesthesiologists; American Student Dental Association; Hispanic Dental Association; and National Dental Association.



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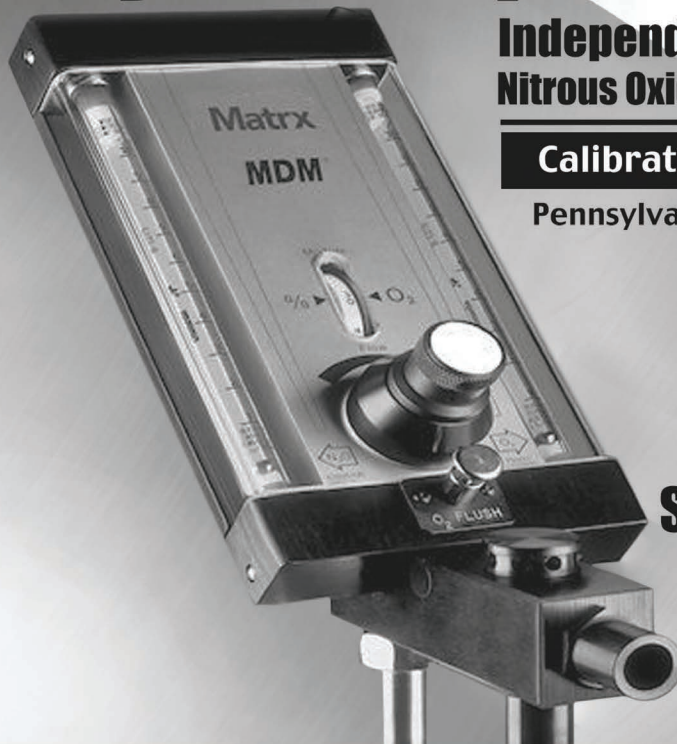
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Pennsylvania Dental Association



## Leadership e-Series!

This series is designed to keep PDA leaders at the national, state, district and local levels informed but all members are welcome. There is no registration fee. After registering you will receive a confirmation email containing information about joining the webinar.

**Upcoming Dates for 2026: (all at 6:30 PM)**

**Check website for upcoming dates!**

**Register at [www.padental.org](http://www.padental.org)**



*Mission Statement:*

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## Give **VETERANS** a *Smile Day!*

**Nov. 18, 2025**

Our 9th year of  
providing a day  
dedicated to Veterans'  
dental care.

We're looking for  
volunteers who would like  
to provide care. Anyone  
interested may reach out  
to Missy Evans via email at  
[mevans@cvim.org](mailto:mevans@cvim.org)



Dental Society of Chester County  
& Delaware County  
Dr. Jyoti Dangi, DMD, MMSc  
6 Regency Court  
Exton, PA 19341

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# Upcoming *events*



## BOARD MEETINGS: 6:30 PM

- 09/03/2025** - Anthony's, Springfield
- 11/12/2025** - Anthony's, Springfield
- 01/07/2026** - Zoom
- 03/11/2026** - Anthony's, Springfield
- 05/06/2026** - Anthony's, Springfield

## MEMBER EVENTS

- 05/20/2026** - Annual Meeting  
General Warren, 6:00 PM

## GIVE KIDS A SMILE

- 10/29/2025** - Theresa Devine's Office
- 12/12/2025** - CVIM

## GIVE VETS A SMILE

- 11/18/2025** - CVIM

## GPVFDC

- 09/19/2025** - Valley Forge Casino & Resort

## ADA Smile Con

- 10/23-25/2025** - SmileCon, Washington, DC

## PDA LEADERSHIP CONFERENCE

- 01/30-31/2026** - Seven Springs Mountain  
Resort, Champion, PA

## DKU: 8:30 AM SPRINGFIELD COUNTRY CLUB

- 11/07/2025**- Predictable, Profitable Restorative  
& Aesthetic Procedures  
*Marvin A. Fier, DDS, FASDA, ABAD*
- 12/05/2025**- AM: Terminal Dentition  
PM: The Key to Success  
*Roberto Macedo, DDS, MS, PhD*
- 02/06/2026**- AM: My Jaw Hurts! What do I do?  
PM: Non-Odontogenic Sources of  
Tooth Pain  
*Seena Patel, DMD, MPH*
- 04/24/2026**- Mastering the Art & Science  
of Modern Endodontics  
*Rico D. Short, DMD*
- 05/15/2026**- AM: Inflammation SOS  
PM: Unlocking the Secrets of  
Your Patients' Microbiome  
*Uche Odiatu, DMD*

